

Inhibitory Effects of Metabolites Isolated from *Artemisia dracunculus* L. Against the Human Carbonic Anhydrase I (hCA I) and II (hCA II)

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Abstract: Tarragon or Dragon's-wort (*Artemisia dracunculus* L.) is widely used as spice and in traditional medicine in various regions of the world. Inhibitory effects of the *n*-hexane, dichloromethane, ethanol and methanol extracts of the leaves of tarragon on the human carbonic anhydrase (hCA) I and II enzymes were investigated. Dichloromethane extract exhibited the strongest activity with lowest IC₅₀ value (0.020 and 0.031 µg/mL, respectively). The chromatographic studies on the dichloromethane extract of tarragon allowed the isolation of six known strong inhibitors of hCA isozymes as *trans*-anethole, stigmasterol, herniarin, (2E,4E)-*N*-isobutylundeca-2,4-dien-8,10-diyname, (2E,4E)-1-(piperidin-1-yl)undeca-2,4-diene-8,10-diyne-1-one and 1-(4'-methoxyphenyl)-1,2,3-trihydroxypropane. The compound, 1-(4'-methoxyphenyl)-1,2,3-trihydroxypropane was isolated from tarragon for the first time in this study. Among the tested compounds, 1-(4'-methoxyphenyl)-1,2,3-trihydroxypropane showed the highest inhibitory impact on both hCA isozymes. Also its IC₅₀ values were found lower than positive control, acetazolamide.

Keywords: *Artemisia dracunculus* L.; 1-(4'-methoxyphenyl)-1,2,3-trihydroxypropane; enzyme inhibition; hCA I; hCA II. © 2018 ACG Publications. All rights reserved.

1. Introduction

Tarragon or dragon's-wort (*Artemisia dracunculus* L.), known as "tarhun" or "tarhon" in Anatolia is an edible perennial plant of Asteraceae family. It is a small shrubby and its aromatic leaves is used as spice in salads and vinegars [1,2]. Besides its tarragon and dragon's-wort common names, it is also named as "estragon, dragon sage-wort, false tarragon and dragon wormwood" [3,4]. Tarragon is distributed through the temperature regions of Asia, eastern and central Europe and western North America. This species is cultivated in the various region of the world such as southern Europe, Russia, Turkey as well as United

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States due to its usage as a spice in sauces and soups. Like many *Artemisia* species, *A. dracunculus*, an important medicinal and aromatic plant has been used in the treatment of various diseases in traditional medicine since centuries [1,5]. In traditional medicine in Anatolia, it possesses the common uses as digestive, diuretic, appetitive, emmenagogue, carminative, antihelmintic and antidiarrheal [5]. In the past, it was also used to malign ulcer treatment and plague epidemic in Armenia and it was used to for treat the epilepsy in traditional medicine in Europe [4]. Lately, there has been a growing interest on the biological activities of tarragon essential oils, extracts and dichloromethane extract active constituents in the literature. The results of the mentioned literature were showed that tarragon has various biological activities including the improving of *Candida albicans* infection [6], high antioxidant capacity [7], potent anti-leishmanial activity [8], strong antimicrobial activity [8], modulating of the immune system [9], effects on the glycemic control, insulin sensitivity and insulin secretion [10], analgesic and anti-inflammatory effects [11], antidiarrheal activity [12], anticancer effect [13], α -amylase and α -glucosidase inhibitory activities [14]. Russian tarragon and French tarragon are primary cultivars of *A. dracunculus L.* It is thought that the French tarragon is derived from Russian tarragon through the selection. The phytochemical content of tarragons collected from different geographical regions varies. Reason of this, polyploidies and differs cytogenetical are particularly widespread in tarragon. Accordingly, there is no joint approach about tarragon taxonomic classification in the present literature. In addition, some regional varieties of tarragon are distinguished by their essential oil content [1,15,16]. The principal seconder metabolites of *A. dracunculus L.* are pyhtoalexins, coumarins, chromones, phenylpropanoids, phenylpropenes, chalcones, alkamides, polyphenolics, acetylenes, monoterpenes alkamides, flavonoids and sesquiterpene lactones [17-23]. The marker compound in the composition of *A. dracunculus L.* leaves is reported as herniarin [24]. The primary representative components of *A. dracunculus L.* are herniarin, pellitorine, dracumerin, scopoletin, chicoric acid, 5-*O*-caffeoylequinic acid, sakuranetin, davigenin, 2',4'-dihydroxy-4-methoxydihydrochalcone and 6-methoxycapillarisin [1]. The bioactive substances of *A. dracunculus L.* essential oils are phenolic acids, coumarins, flavonoids, polyacetylenes, sesquiterpenoids, vitamins and tannins. The primary compounds in essential oils were reported as *trans*-anethole, *trans*- β -ocimene, *cis*- β -ocimene, limonene, sabinene, estragole, methyl eugenol, elemicin, isoelemicin, β -pinene, terpinen-4-ol, sabinene, 7-methoxycoumarin (herniarin) and β -ocimene [1,24,25].

Carbonic anhydrase (CA) enzymes are metalloenzyme families that catalyzed rapidly conversion of H_2O and CO_2 to H^+ and HCO_3^- [26]. CA enzymes are determined in different tissues where they attend various significant biochemical activities such as CO_2 and ion transfer, bone resorption, respiratory, electrolytic secretion, acid-base balance, ureagenesis, lipogenesis and gluconeogenesis [26, 27]. Many CA enzymes are significant therapeutically targets with the properties to be activated/inhibited in the treatment of disorder such as epilepsy, glaucoma, osteoporosis, cancer, edema and obesity [26, 28]. Our research groups recently explored some phenolic compounds such as salicylates, catechol, resorcinol and their derivatives as CA enzyme inhibitors/activators [29, 30].

Medicinal and aromatic plants have been assumed as important pharmaceutical materials as an alternative to synthetic pharmaceuticals. Hence, in the current research, we aimed to investigate the inhibitory activities of *n*-hexane, dichloromethane, ethanol and methanol extracts and its six known constituents isolated by column chromatography from *A. dracunculus L.* on the hCA I and II isozymes.

2. Materials and Methods

2.1. Plant and Chemical Materials

Above-ground parts of *A. dracunculus L.* was purchased from Tiryaki Baharat (Nurs Lokman Hekim) (Erzurum, Turkey) in April 2015. The pure organic solvents were purchased from Tekkim, Fluka and Sigma. Thin layer chromatography (TLC) were applied on silica gel 60F-254 and silica gel 60. The stains on TLC were displayed by UV_{365} , UV_{254} , spraying (1% vanillin- H_2SO_4) and heating (105 °C). Column chromatography (CC) was applied by silica gel (200-400 and 70-230). The FT-IR (4000 and 400 cm^{-1}) spectra were registered by Nicolet iS10 FT-IR, NMR (^1H and ^{13}C) spectra of isolated substances were registered by Bruker 400 (^1H : 400 MHz; ^{13}C : 100 MHz) spectrometer. CDCl_3 was used as solvent, and tetramethylsilane (TMS) was used as an interior standard for the NMR assays. δ (ppm) relative to an interior standard, J (Hz).

2.2. Extraction and Isolation Procedures

In order to determine the extracts exhibiting the strongest enzyme inhibitory effect of the *A. dracunculus*, the powdered above-ground parts of plant (50 g each ones) were individually extracted with *n*-hexane, dichloromethane, ethanol and methanol (500 mL, 24 h) at room temperature for five times. The extracts were concentrated at low temperature and pressure by a rotary evaporator. The amounts of *n*-hexane, dichloromethane, ethanol and methanol extracts were 4.0, 5.2, 9.6 and 10.0 respectively as g.

Inhibition effects of the extracts were determined on the isozymes (hCA I and hCA II) (Table 1). When the results are examined, the IC₅₀ values of the extracts were very close to each other on the hCA isozymes. However, the dichloromethane extract was preferred to purify the active compound and/or compounds due to its the lowest IC₅₀ values. Hence, the dichloromethane extract was subjected to column and thin layer chromatography to isolate bioactive component and/or components from *A. dracunculus* L. For this purpose, powdered samples of *A. dracunculus* L. (1.0 kg) were extracted with dichloromethane (5 x 2 L) at room temperature. The extract was concentrated at low temperature and pressure by a rotary evaporator and weighed (52 g). It was exposed to silica gel CC (360 g, 70-230) eluting with CH₂Cl₂:EtOAc (7:3, v/v) and partitioned into five fractions (Fr.1–Fr.5). Fraction 1 was again subjected to CC on a silica gel column (70 g, 70-230 mesh) using *n*-hexane:Et₂O (9:1, v/v) to obtained compound **1** (7 mg). Likewise, the Fr.2 was repeatedly subjected to CC on a silica gel column by EtOAc:*n*-hexane (3:7, v/v) to obtained compounds **2** (54 mg), **3** (970 mg), **4** (18 mg) and **5** (419 mg). Compound **6** (15 mg) was isolated over silica gel column chromatography (100 g, 70-230 mesh) from Fr.5 eluting with CHCl₃:acetone (9:1, v/v).

Table 1. IC₅₀ values of the *A. dracunculus* extracts against hCA I and hCA II

Extracts	hCA I	hCA II
<i>n</i> -Hexane	0.031 ± 0.0005	0.041 ± 0.0006
Dichloromethane	0.020 ± 0.0003	0.031 ± 0.0005
Ethanol	0.031 ± 0.0004	0.045 ± 0.0006
Methanol	0.025 ± 0.0003	0.040 ± 0.0006
Acetazolamide	1.652 ± 0.0330	0.016 ± 0.0001

The spectroscopic data of the isolated compounds are given in below.

trans-Anethole (**1**): White crystals. IR (Solid): (cm⁻¹) 2957 (-CH), 1508 (C-C), 1241 (C-O). ¹H NMR (δ , ppm) (CDCl₃): 7.29 (*d*, *J*=8.68 Hz, H-3 and H-5), 6.87 (*d*, *J*=8.68 Hz, H-2 and H-6), 6.38 (*d*, *J*=15.8 Hz, H-1'), 6.08-6.17 (*m*, H-2'), 3.80 (*s*, OCH₃), 1.89 (*dd*, *J*₁=13.2 Hz, *J*₂=1.56 Hz and 1.48 Hz, H-3'). ¹³C-NMR (δ , ppm) (CDCl₃): 158.6 (1), 130.9 (1'), 130.4 (3 and 5), 126.9 (4), 123.5 (2'), 113.9 (2 and 6), 55.3 (OCH₃), 18.4 (3').

Stigmasterol (**2**): White needle crystal. IR (solid): (cm⁻¹) 3290 (OH), 2930 (CH), 1480 (C=C), 1050 (C-O). ¹H NMR (δ , ppm) (CDCl₃): 5.36 (*m*, H-6), 5.17 (*dd*, *J*=15.14 Hz, *J*=8.60 Hz, H-22), 5.03 (*dd*, *J*₁=15.15 Hz, *J*₂=8.72 Hz, H-23), 3.54 (*m*, H-3), 2.28 (*m*, H-4), 1.01 (*s*, H-19), 0.93 (*d*, H-21), 0.84 (*t*, *J*=10.32 Hz H-29), 0.71 (*d*, *J*=7.33 Hz, H-18). ¹³C NMR (δ , ppm) (CDCl₃): 140.7 (5), 138.3 (22), 129.2 (23), 121.7 (6), 71.8 (3), 56.7 (14), 55.9 (17), 51.2 (24), 50.1 (9), 42.3 (4), 42.2 (13), 40.5 (20), 39.7 (12), 37.2 (1), 36.1 (10), 31.9 (8 and 25), 31.6 (2 and 7), 29.1 (16), 26.0 (28), 24.3 (15), 21.2 (11), 21.0 (21), 19.4 (19), 19.0 (26), 18.8 (27), 12.1 (29), 12.0 (18).

Herniarin (**3**): White powder crystal. IR (solid): (cm⁻¹) 3100 (-CH), 1700 (C=O), 1600-1250 (C=C), 1100 (C-O). ¹H NMR (δ , ppm) (CDCl₃): 7.63 (*d*, *J*=9.48 Hz, H-4), 7.36 (*d*, *J*=8.60 Hz, H-5), 6.83 (*dd*, *J*₁=11.04 Hz, *J*₂=6.12 Hz, H-6), 6.78 (*d*, *J*=2.36 Hz, H-8), 6.22 (*d*, *J*=9.48 Hz, H-3), 3.85 (*s*, OCH₃). ¹³C NMR (δ ,

ppm) (CDCl_3): 162.8 (7), 161.1 (2), 155.8 (9), 143.4 (4), 128.7 (5), 113.0 (3), 112.5 (6), 100.8 (8 and 10), 55.7 (OCH_3).

(2E,4E)-N-isobutylundeca-2,4-dien-8,10-diynamide (4): Brownish amorphous solid. IR (solid): (cm^{-1}) 3300 (NH), 2910 (CH), 2190 ($\text{C} \equiv \text{C}$), 1610 (C=O), 1520 (C=C). ^1H NMR (δ , ppm) (CDCl_3): 7.18 (dd, $J_1=15.02$ Hz, $J_2=10.76$ Hz, H-3), 6.20 (dd, $J_1=15.14$ Hz, $J_2=10.76$ Hz, H-4), 6.06 (m, H-5), 5.84 (d, $J=15.04$ Hz, H-2), 3.16 (t, $J=6.40$ Hz, H-1'), 2.4 (m, H-6 and H-7), 2.00 (s, H-11), 1.87 (m, H-2'), 0.92 (d, $J=6.68$ Hz, H-3', H-4'). ^{13}C NMR (δ , ppm) (CDCl_3): 166.2 (1), 140.3 (3), 139.0 (5), 129.8 (4), 123.2 (2), 76.9 (8), 68.2 (9), 65.4 (10), 65.0 (11), 47.0 (1'), 31.3 (6), 28.6 (2'), 20.1 (3' and 4'), 18.8 (7).

(2E,4E)-1-(piperidin-1-yl)undeca-2,4-diene-8,10-diyn-1-one (5): Brownish amorphous solid. IR (solid): (cm^{-1}) 2910 (CH), 2200 ($\text{C} \equiv \text{C}$), 1610 (C=O), 1520 (C=C). ^1H NMR (δ , ppm) (CDCl_3): 7.16 (dd, $J_1=14.81$ Hz, $J_2=10.84$ Hz, H-3), 6.28 (d, $J=14.81$, H-2), 6.21 (dd, $J_1=15.15$ Hz, $J_2=10.68$ Hz, H-4), 5.98 (dt, $J_1=15.09$ Hz, $J_2=3.64$ Hz, H-5), 3.56 (br.s, H-1'), 3.45 (br.s, H-5'), 2.34 (m, H-6 and H-7), 1.99 (s, H-11), 1.62 (m, H-4'), 1.54 (m, H-2'), 1.26 (m, H-3'). ^{13}C NMR (δ , ppm) (CDCl_3): 165.3 (1), 141.8 (3), 138.3 (5), 130.3 (4), 120.0 (2), 77.0 (8), 68.2 (9), 65.4 (10), 65.1 (11), 46.8 (5'), 43.1 (1'), 31.2 (6), 26.7 (3'), 25.6 (4'), 24.6 (2'), 18.8 (7).

1-(4'-methoxyphenyl)-1,2,3-trihydroxypropane (6): Yellowish oily liquid. $[\alpha]_D^{25} -260^\circ$ ($c=0.1$, CH_2Cl_2). IR (solid): (cm^{-1}) 3390 (OH), 2924 (CH), 1510 (C=C), 1247 (C-O). ^1H NMR (δ , ppm) (CDCl_3): 7.33 (d, $J=6.80$ Hz, H-2', H-6'), 6.93 (d, $J=5.84$ Hz, H-3', H-5'), 4.81 (d, $J=5.64$ Hz, H-1), 4.00 (m, H-2), 3.82 (s, OCH_3), 3.70 (dd, $J_1=11.32$, $J_2=7.32$ Hz, H-3a), 3.62 (dd, $J_1=11.30$, $J_2=3.56$ Hz, H-3b). ^{13}C NMR (δ , ppm) (CDCl_3): 159.5 (4), 131.6 (1'), 127.79 (2' and 6'), 114.0 (3' and 5'), 74.8 (2), 74.1 (1), 55.3 (OCH_3), 46.4 (3).

2.3. Purification of hCA I and II Isozymes by Affinity Chromatography

Erythrocytes were isolated from fresh human blood got from the Ataturk University Blood Centre. The samples were centrifuged (15 min, 1500 rpm) and the buffy coat and plasma were staved. The red blood cells were purified, cleaned (NaCl, 0.9%) and hemolyzed (ice-cold water, 1.5 v). The intact cells and ghost were staved using centrifuge (20.000 rpm, 30 min). The hemolysate pH was regulated as 8.7 (Tris) [31]. The hemolysate was carried out to the made-up sepharose 4B-tyrosine-sulfanilamide affinity column equalized by 25mM Tris-HCl / 0.1M Na_2SO_4 (pH 8.7). The affinity gel was cleaned (25 mM Tris-HCl / 22 mM Na_2SO_4 , pH 8.7). The hCA I and II were eluted by 1M NaCl / 25 mM Na_2HPO_4 (pH 6.3) and 0.1M CH_3COONa / 0.5M NaClO_4 (pH 5.6), respectively (Table 2). All of processes were applied at temp. 4 °C [31].

Table 2. Purification process for hCA I and II isozymes by a Sepharose-4B-aniline-sulfanilamide affinity CC.

Purification steps	Activity (EU/mL)	Total volume (mL)	Protein (mg/mL)	Total protein (mg)	Total activity (EU)	Specific activity (EU/mg)	Yield (%)	Purification factor
Hemolysate	160	34	18.12	616.08	5440	8.83	100	1
hCA I	480	6	0.50	3.0	2880	960	52.94	108.72
hCA II	855	4	0.14	0.56	3420	6107.14	62.87	691.63

2.4. Activity of human CA I and II Isozymes

CA isozymes activities were analysed by the change at 348 nm absorbance from 4-nitrophenylacetate to 4-nitrophenylate ion by spectrophotometer (Shimadzu) according to the procedure previously identified (3 min, 25°C) [32]. A reference measuring was determined at the similar conditions without enzyme solvents. The inhibition activities of *A. dracunculus* pure substances were investigated. All

substances were assayed three times at every concentration. Inhibitor concentrations were applied at different rates. Acetazolamide was used as the reference molecule (Fig. 1). The activity of control cuvette without inhibitor was taken as 100%. hCA activity was assayed with method of Verpoorte [32]. This method was applied to hCA I and II isozymes with minor modifications. NPA (3 mM) was used as a substrate.

3. Results and Discussion

3.1. Chemical Composition of *A. dracunculus*

Silica gel CC and TLC studies on the dichloromethane extract, which showed the strongest inhibitory effects on hCA I and II isozymes were allowed the isolation of six known compounds, two phenylpropanoids (**1** and **6**), one steroid (**2**), one coumarin (**3**) and two alkylamides (**4** and **5**). The chemical structures of the compounds as *trans*-anethole (**1**), stigmasterol (**2**), herniarin (**3**), (2E,4E)-*N*-isobutylundeca-2,4-dien-8,10-dynamide (**4**) (2E,4E)-1-(piperidin-1-yl)undeca-2,4-diene-8,10-dyn-1-one (**5**) and 1-(4'-methoxyphenyl)-1,2,3-trihydroxypropane (**6**) were determined by IR, ¹H-NMR and ¹³C-NMR spectroscopic methods (Figure 1). For their characterization also 1D-NMR (DEPT) and 2D-NMR methods (¹H¹H COSY, HMQC and HMBC) were used.

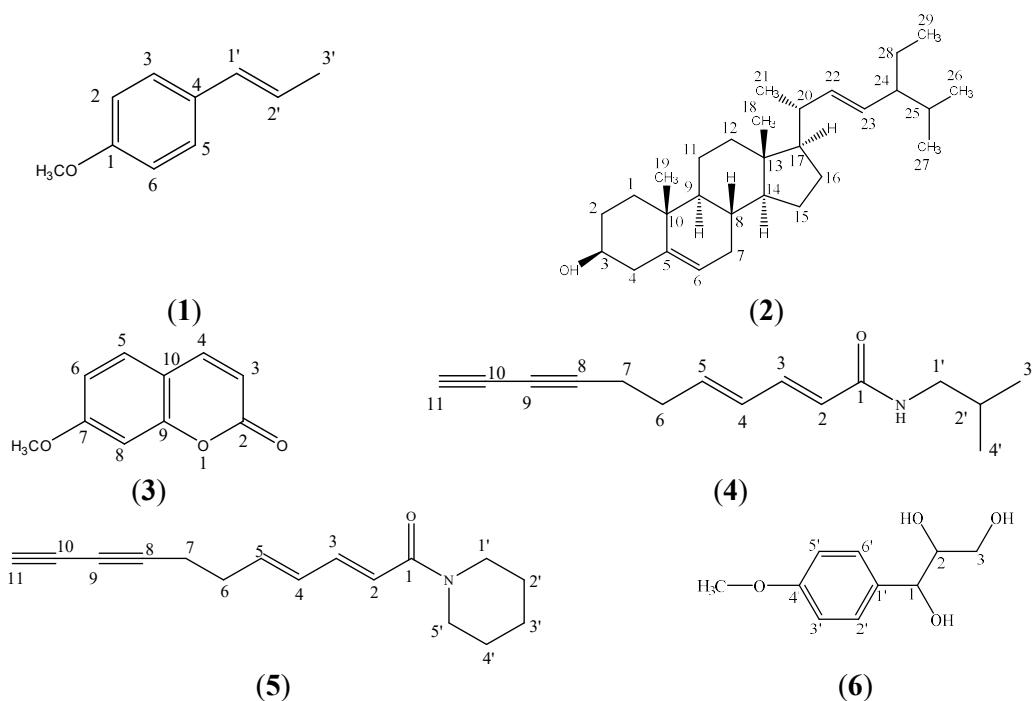


Figure 1. The chemical structures of the tarragon compounds **1-6**

Previous reports demonstrated that alkylamides such as pellitorine, neopellitorine A, neopellitorine B, undeca-2E,4E-dien-8,10-dynoic acid isobutylamide (**4**) and undeca-2E,4E-dien-8,10-dynoic acid piperidylamide (**5**) are the characteristic metabolites of *A. dracunculus*, besides herniarin (**3**), which is the characteristic and major metabolite. [1,5,14,16]. As shown in Figure 1, in the current study, two alkylamides, undeca-2E,4E-dien-8,10-dynoic acid isobutylamide (**4**) and undeca-2E,4E-dien-8,10-dynoic acid piperidylamide (**5**) were isolated. Whereas various phenylpropanoids were reported from the *A. dracunculus* [1,5,15], 1-(4'-methoxyphenyl)-1,2,3-trihydroxypropane (**6**) was characterized from the *A. dracunculus* for the first time in this study and previously the compound **6** was reported from *Illicium verum* fruits [33].

3.2. hCA Inhibitory effects of the *A. dracunculus* Compounds

A. dracunculus is an edible, medicinal and aromatic plant species and it has various beneficial medical properties. Therefore, it has been used in the treatment of various diseases in traditional medicine in the different regions of the world since centuries [1,5]. *A. dracunculus* extract and some pure metabolites have also various *in vivo* and *in vitro* pharmacological activities such as antibacterial, antimicrobial, antiplatelet, antifungal, anti-inflammatory, antidiabetic, hepatoprotective, gastroprotective and anticonvulsant [1,4,20, 34-38]. Many studies have revealed the therapeutic potentials of *A. dracunculus* [22,39,40]. However, in the literature, there was no study related to the carbonic anhydrase inhibition of *A. dracunculus*. For this reason, this study was aimed to attract the interest on *A. dracunculus* L. introducing new biological properties of its extracts and pure metabolites.

Hence, enzyme inhibitor potentials of methanol, ethanol, dichloromethane and *n*-hexane extracts of *A. dracunculus* L. and all isolating compounds were investigated on human CA I and II isozymes by comparing of their IC₅₀ values for the first time in the current research. The present results demonstrated that the pure metabolites and extracts of *A. dracunculus* L. were exhibited various inhibitions on the human CA I and II isozymes (Table 1). IC₅₀ values for the extracts tested were given as $\mu\text{g/mL}$. When the IC₅₀ values of the extracts were compared, they exhibited the approximate value enzyme inhibitory activities (Table 1). The most effective extract was found to be dichloromethane extract for both hCA I and hCA II with the lowest IC₅₀ values, 0.020 $\mu\text{g/mL}$ and 0.031 $\mu\text{g/mL}$ on hCA I and II isozymes, respectively. These results suggested that dichloromethane extract as well as other extracts of *A. dracunculus* has the hCA enzymes inhibitor potentials. Hence, dichloromethane extract, the most effective extract on the hCA isozymes was subjected to chromatographic studies to isolate active compounds. *trans*-Anethole (**1**), stigmasterol (**2**), herniarin (**3**), (2E,4E)-N-isobutylundeca-2,4-dien-8,10-diynamide (**4**) (2E,4E)-1-(piperidin-1-yl)undeca-2,4-diene-8,10-diyn-1-one (**5**) and 1-(4'-methoxyphenyl)-1,2,3-trihydroxypropane (**6**) were isolated from dichloromethane extract of *A. dracunculus* and these compounds tested for enzyme inhibitory activities on the hCA I and II isozymes (Table 3). As shown in Table 3, the pure compounds **1-6** showed various enzyme inhibitory activities with 0.17-486.2 μM and 0.16-123.4 μM of the IC₅₀ values on hCA I and II isozymes, respectively. Among the pure *A. dracunculus* metabolites, the compound **6**, 1-(4'-methoxyphenyl)-1,2,3-trihydroxypropane showed the highest inhibitory effect on the both CA isozymes and the IC₅₀ values of the compound on hCA I and II isozymes were lower than positive control acetazolamide. Furthermore, all *A. dracunculus* compounds were found to be more effective on the hCA-I isozymes (Table 3). Whereas, *trans*-anethole (**1**), is the major component of *A. dracunculus* volatiles was determined as least effective compound.

Table 3. IC₅₀ values obtained from regression analysis graphs for hCA I and II.

Compounds	hCA I	hCA II
1	486.2 \pm 3.972	123.4 \pm 1.730
2	9.630 \pm 0.096	8.770 \pm 0.131
3	22.70 \pm 0.212	29.50 \pm 0.413
4	15.80 \pm 0.142	11.20 \pm 0.008
5	8.650 \pm 0.129	8.960 \pm 0.125
6	0.170 \pm 0.0025	0.160 \pm 0.002
Acetazolamide	72.50 \pm 1.0875	0.730 \pm 0.011

Carbonic anhydrase enzyme reversibly catalyzes CO₂ and H₂O into protons and bicarbonate ions. This enzyme plays an important role in the regulation of fluid balance and pH in different section of living organisms. The transferring of the bicarbonate ions and protons generated in the eyes and kidneys influence the water content of cells. When there is a building up of fluid to maintain the shape of eyes, this fluid can damage the eye, called as glaucoma on the optic nerve in the eye by applying a pressure. In recent years, inhibitors of carbonic anhydrase enzyme in particular hCA II isozymes are used as drug in the treatment of glaucoma [26, 28, 41-43]. Inhibition of hCA in the patients reduces the fluid pressure and change the fluid balance in the eyes. Besides, some recent reports indicated that treatment of some disorders such as ovarian, breast, colon and kidney cancers, epilepsy and edema are accelerated the process by hCA enzyme

inhibitors [26, 28, 44-46]. Acetazolamide, a diuretic agent is most commonly used in the treatment of glaucoma. Unfortunately, long term use of this drug can affect the similar enzymes in the different tissues and cause side effects such as liver and kidney damage. Thus, we focused on candidate molecules of *A. dracunculus* herb that could be used in the treatment of glaucoma. According to the results obtained in this study, the compounds isolated from tarragon may be proposed as agent in the treatment of glaucoma. These results concluded that the *A. dracunculus* molecules except for *trans*-anethole (**1**) in particular compound **6** are the potential natural candidate molecules for the treatment of glaucoma.

A carbonic anhydrase enzyme catalyzes transformation of CO_2 to bicarbonate ion and proton. There is a zinc ion (Zn^{2+}), which is necessary for catalysis in the active site of most carbonic anhydrase. The several pathological processes containing transformation of CO_2 to bicarbonate ion, is involved with carbonic anhydrase reaction. For the remediation of those pathological processes, carbonic anhydrase reactions are inhibited by therapeutical agents. Sulphonamides, sulphamates and sulphamides are compounds known as carbonic anhydrase inhibitors. These compounds bind to the zinc ion of in the active area of carbonic anhydrase. Acetazolamide is a classical and effective sulphonamide hCA inhibitor for systemic therapy of glaucoma.

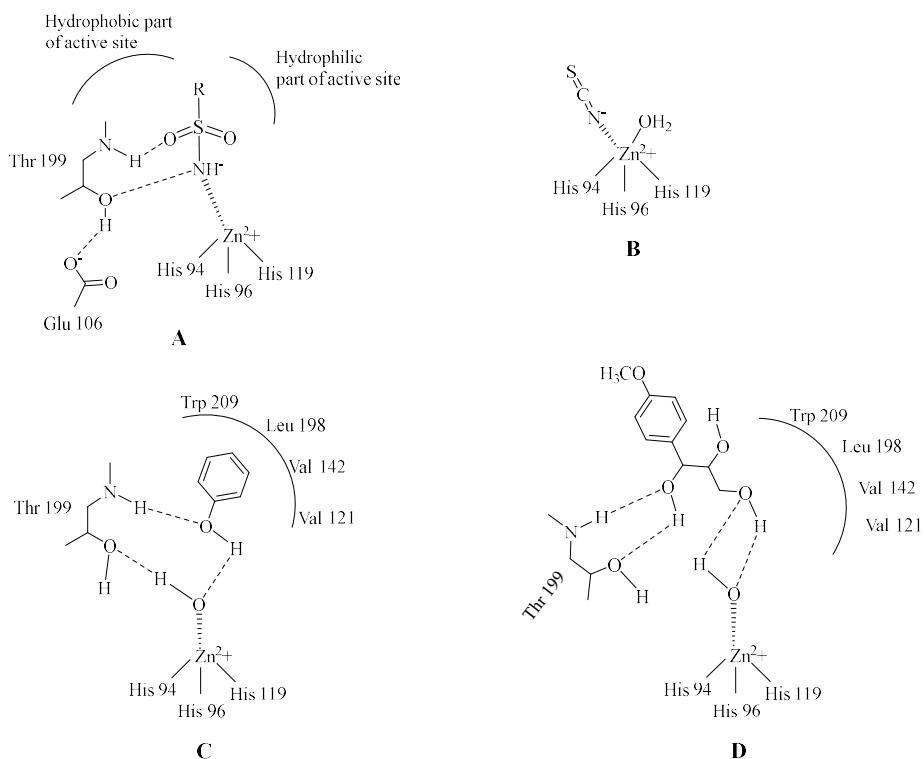


Figure 2. **A:** hCA enzyme binding sulfonamides figure. **B:** hCA binding inorganic anion model. **C:** Phenol hCA the zinc-bound water / hydroxide ion. **D:** Represented binding figure of hCA with compound **6**. Hydrogen bonds are represented as dashed lines. All these binding models have been proven by means of X-ray crystallography on enzyme-inhibitor adducts.

Glaucoma is a chronic and degenerative eye disease, qualified by high intraocular pressure. The main component of aqueous humor is identified as sodium bicarbonate [26, 47]. hCA enzymes responsible for the bicarbonate secretion in the front uvea of the eye. The sulphonamide hCA inhibitors reduce the rate of bicarbonate in the physiological treatment of glaucoma. In this context, the compound **6** which showed the highest inhibitory effect reduces bicarbonate formation inhibiting to carbonic anhydrase reaction. The possible interactions between hCA and compound **6** were shown in the Figure 2 [48].

In this study, pure *A. dracunculus* metabolites show inhibitory effect on the hCA I and II isozymes due to functional groups such as $-\text{OCH}_3$, $-\text{CH}_3$ and $-\text{OH}$ existing in their aromatic structure. Our results demonstrate possible new CA inhibitors of interest in addition to the much-used sulfamides/sulfamates/sulphonamides. However, compounds that different chemical-structure showed

effective hCA I and II inhibitory activities in the low IC₅₀ values [49]. Our results indicate that these compounds can be used as potent inhibitors.

In conclusion, the extracts of *A. dracunculus* and its pure metabolites (compounds **1-6**) showed enzyme inhibitory effects on the hCA I and II isozymes. These results pointed out the *A. dracunculus* herb and its pure compounds **1-6** may have beneficial potentials in the treatment of glaucoma. In particular, among the metabolites, 1-(4'-methoxyphenyl)-1,2,3-trihydroxypropane (**6**) had the highest inhibitory effect on the hCA isozymes and its IC₅₀ values on hCA I and II isozymes were also lower than those of acetazolamide. Our results concluded that compound **6** is a potential natural agent may be used in the glaucoma therapy as well as edema and epilepsy in humans. In addition to these results, studies on toxicity of *A. dracunculus* should be made in the future.

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Supporting Information

Supporting information accompanies this paper on <http://www.acgpubs.org/RNP>

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