

Rec. Nat. Prod. X:X (202X) XX-XX

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# Chemical Constituents from the Roots of *Rehmannia glutinosa*

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Abstract: Ten secondary metabolites, including one new monoterpene rhamnoside (1), five terpenoids (2–6), two nucleosides (7–8), and two phenylethanoid glycosides (9–10) were isolated from the roots of *Rehmannia glutinosa*. Their structures were determined by spectroscopic analysis such as NMR and HR-ESI-MS. In the tyrosinase inhibitory assay, compounds 2, 6 and 8 showed inhibition against tyrosinase. Compounds 1, 4, 5, 6, 9 and 10 are being reported in the genus *Rehmannia* for the first time.

**Keywords:** *Rehmannia glutinosa*; rhamnoside; phenylethanoid glycoside; tyrosinase. © 2023 ACG Publications. All rights reserved.

### 1. Introduction

*Rehmannia glutinosa* (Dihuang) is a widely used traditional Chinese herb belonging to Scrophulariaceae family, and mainly distributed in Henan, Liaoning, Shandong, Gansu, Jiangsu, Hebei, Shaanxi and Shanxi Provinces [1]. *R. glutinosa* was listed as a "top grade" herb in China and recorded in Chinese medical classics "Shennong's Herba" [2]. Its dried roots, also called as "Sheng Dihuang", are basically thought as a drug for nourishing *Yin* (which means negative, dark, and feminine in traditional Chinese medicine) and to tonify the kidney, indicating that *R. glutinosa* has various pharmacological effects and phytochemical compositions [3]. In the past decades, plenty of chemical and pharmacological studies have been conducted on *R. glutinosa*. More than 200 compounds have been isolated from the herb [4], including iridoids [5-7], ionones [8-9], phenylethanoid glycosides [10-11] and others. Its extract and chemical constituents were reported to possess wide pharmacological actions on the blood, immune, endocrine, cardiovascular and nervous systems [12]. With the development of innovative methods for separation, structure analysis, pharmacological evaluation, more and more chemical components in *R. glutinosa* have been discovered, and its pharmacological actions have been further improved by development [13-14]. However, till now little attention has been paid on its

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#### Secondary metabolites of Rehmannia glutinosa

tyrosinase inhibitory activities and corresponding phytochemical constituents [15-16]. In our continuing exploration of novel tyrosinase inhibitors from natural products [17-19], the ethanolic extract of R. *glutinosa* roots was found to show potential tyrosinase inhibitory activity. Further research resulted in the isolation and structure elucidation of a new rhamnoside of long-chain fatty alcohol (1) and nine known compounds (2–10). Compounds 2, 6 and 8 showed obvious tyrosinase inhibitory activities.



Figure 1. Structures of compounds 1–10 isolated from *R. glutinosa* roots

#### 2. Materials and Methods

#### 2.1. General Experimental Procedures

HR-ESI-MS and NMR spectra were measured on a Waters Xevo G2-XS QTof spectrometer, a Bruker AM-400 spectrometer, respectively. Column chromatography (CC) was performed on silica gel, ODS (50  $\mu$ m, Fuji Silysia Chemical Ltd., Japan), Sephadex LH-20 (GE health care Bio-Sciences AB, Sweden) and high performance liquid chromatography (Agilent 1200).

#### 2.2. Plant Materials

The fresh *R. glutinosa* roots were collected in Jiaozuo City, Henan Province, China, and identified by Lin Yang (Associate Professor, Lanzhou University of Technology). A voucher specimen (SPH2021K) was stored in Food and Pharmacy College, Xuchang University.

#### 2.3. Extraction and Isolation

The air-dried *R. glutinosa* roots (2.5 kg) were powdered and extracted with 95% ethanol (5d  $\times$  3  $\times$  12 L) under room temperature. The combined extracts were evaporated under reduced pressure to give a crude extract (51.7 g), which was further graded on a silica gel CC (CH<sub>2</sub>Cl<sub>2</sub>-MeOH, 100:0 to 2:1) to give ten fractions F1-F10. Fractions F5-F9 were purified by open silica gel CC/ODS CC/semipreparative HPLC to yield compounds **1–10**.

Fraction F5 (2.3 g) was subjected to Sephadex LH20 chromatography with  $CH_2Cl_2$  as the eluent to yield four subfractions (F5-1–F5-4). Compounds **5** (17.1 mg) and **2** (10.5 mg) were purified by a Sephadex LH-20 CC ( $CH_2Cl_2$ ) from F5-1 and F5-2, respectively. Subfraction F5-3 was passed on a silica gel CC ( $CH_2Cl_2$ -MeOH, 60:1 to 50:1) to give compound **3** (9.4 mg). Fraction F6 (1.8 g) was divided to four subfractions (F6-1–F6-4) by a silica gel CC ( $CH_2Cl_2$ -MeOH, 50:1 to 20:1). F6-3 was

#### Lin et.al., Rec. Nat. Prod. (202X) X:X XX-XX

separated on a Sephadex LH-20 CC (CH<sub>2</sub>Cl<sub>2</sub>-MeOH, 1:1) to obtain **4** (12.5 mg) and **6** (23.8 mg). Fraction F8 (2.1 g) gave five subfractions (F8-1–F8-5) after an ODS CC (MeOH-H<sub>2</sub>O, 20:80 to 90:10). F8-1 was further purified on a Sephadex LH-20 CC (MeOH) to yiled **7** (12.7 mg) and **9** (8.1 mg). F8-3 was passed through an ODS CC (MeOH-H<sub>2</sub>O, 40:60) to obtain **1** (12.1 mg). Fraction F9 (4.4 g) was eluted by ODS CC (MeOH-H<sub>2</sub>O, 10:90 to 80:20) to give subfractions F9-1–F9-4. Compound **10** (16.2 mg) was obtained from F9-1 after purification by Sephadex LH-20 CC (MeOH). F9-4 was passed through an ODS CC (MeOH-H<sub>2</sub>O, 30:70) to give **8** (11.9 mg).

#### 2.4. Acid Hydrolysis of Compound 1

Compound **1** was hydrolyzed according to the literature procedures [18] to give (*E*)-10-hydroxydec-2-enoic acid methyl ester (**1a**) [20] and L-rhamnose,  $[\alpha]_D^{20}+1.9^\circ$  (c 0.1, H<sub>2</sub>O) [reported:  $[\alpha]_D^{20}+2.4^\circ$  (c 1, H<sub>2</sub>O)] [21].

(*E*)-10-hydroxydec-2-enoic acid methyl ester (1*a*). Colorless oil. <sup>1</sup>H NMR (CDCl<sub>3</sub>, 400 MHz):  $\delta_{\rm H}$  7.01 (1H, dt, J = 15.6, 8.0 Hz, H-3), 5.86 (1H, d, J = 15.6 Hz, H-2), 4.25-4.14 (2H, m, H-10), 3.73 (3H, s, OCH<sub>3</sub>), 2.22 (2H, m, H-4), 1.73 (2H, m, H-9), 1.47-1.33 (8H, m, H-5, H-6, H-7, H-8). <sup>13</sup>C NMR (CDCl<sub>3</sub>, 100 MHz):  $\delta_{\rm C}$  168.9 (C-1), 151.3 (C-3), 120.4 (C-2), 71.9 (C-10), 52.2 (OCH<sub>3</sub>), 32.2 (C-4), 28.7 (C-9), 28.6 (C-7), 28.6 (C-6), 27.6 (C-5), 25.2 (C-8).

#### 2.5. Mushroom Tyrosinase Inhibition Assay

Mushroom tyrosinase inhibition assay was performed according to the literature procedures [19], using arbutin as the positive control. All experiments were repeated three times. The %inhibition was calculated by  $(Ac - As)/Ac \times 100$ 

Where, As is the absorbance of tested compound and Ac the non-treated control. The results were analyzed by program GraphPad Prism 5.0. Data are expressed as means  $\pm$  SEMs of triplicate.

#### 3. Results and Discussion

#### 3.1. Isolation and Structure Elucidation

Compounds 1–10 were isolated and purified from the *R. glutinosa* roots by various chromatographic techniques. Their structures were identified by spectral data and physiochemical properties as (*E*)-10-hydroxydec-2-enoic acid methyl ester 10-O- $\alpha$ -L-rhamnoside (1), tyrosol (2) [22], cedrol (3) [23], ent-oplopanone (4) [24], *E*-phytol (5) [25], 4-*epi-iso*pimaric acid (6) [26], adenosine (7) [27], uridine (8) [28], 2-phenylethyl- $\beta$ -D-glucoside (9) [29], cistanoside G (10) [30], respectively, by comparison of spectral data in the literatures. Compounds 1, 4, 5, 6, 9 and 10 were for the first time isolated from genus *Rehmannia*, which would enrich our knowledge about phytochemical constituents of *R. glutinosa*.

The molecular formula of **1** was found to be  $C_{17}H_{30}O_7$  based on HR-ESI-MS which corresponds to three degrees of unsaturation. Strong absorption bands at 3407 and 1720 cm<sup>-1</sup> in the IR spectrum revealed the presence of hydroxy and carbonyl groups. The <sup>13</sup>C NMR spectrum of **1** showed seventeen carbons. When combined with its DEPT-135 spectrum, these carbons could be classified into one carbonyl, two olefinic carbons (sp<sup>2</sup> methine carbon), five sp<sup>3</sup> oxygenated methine carbons, seven sp<sup>3</sup> methylene carbons (including one oxygenated carbon), one methyl carbon, and one methoxyl group. The <sup>1</sup>H NMR spectrum showed that **1** has two olefinic protons, five oxygenated methine protons, seven sp<sup>3</sup> methylene carbons, one methyl protons, and one methoxyl protons, which were associated with the directly attached carbon atoms in the HSQC experiment. The <sup>1</sup>H-<sup>1</sup>H COSY experiment and the coupling values of the protons indicated the presence of two spin systems [H-2–H-3–H-4–H-5–H-6–H-7–H-8–H-9–H-10, H-1′–H-2′–H-3′–H-4′–H-5′–H-6′]. Combined with its molecular formula, degrees of unsaturation, and deduced spin systems, the key HMBC correlations shown in Figure 2 were used to build up the structure of **1** as (*E*)-10-hydroxydec-2-enoic acid methyl ester 10-O- $\alpha$ -L-rhamnoside. The anomeric proton at  $\delta_{\rm H}$  4.74 (1H, d, *J* = 1.2 Hz, H-1′), and <sup>13</sup>C NMR data ( $\delta_{\rm C}$  99.9, 73.2, 72.1, 71.3, 68.2,

#### Secondary metabolites of Rehmannia glutinosa

17.7) indicated the sugar moiety was  $\alpha$ -rhamnopyranoside [31]. Acid hydrolysis of **1** afforded (*E*)-10hydroxydec-2-enoic acid methyl ester (**1a**) [20] and L-rhamnose. The aglycon **1a** was identified by NMR, and the L-conformation of the rhamnose was confirmed by rotation,  $[\alpha]_D^{20}$ +1.9° (c 0.1, H<sub>2</sub>O) [reported:  $[\alpha]_D^{20}$ +2.4° (c 1, H<sub>2</sub>O)] [21].



Figure 2. Key <sup>1</sup>H-<sup>1</sup>H COSY and HMBC correlations for compound 1

(*E*)-10-Hydroxydec-2-enoic acid methyl ester 10-O-a-L-rhamnoside (**1**):Colorless syrup.  $[\alpha]_D^{20}$ -12.6° (c 0.33, CHCl<sub>3</sub>). IR (KBr) v<sub>max</sub> 3407, 2927, 2854, 1720, 1272, 1052 cm<sup>-1</sup>. UV  $\lambda_{max}$  (CHCl<sub>3</sub>) nm (log  $\varepsilon$ ): 241 (4.72). HR-ESI-MS *m*/z 347.2061 [M + H] <sup>+</sup> (calcd for C<sub>17</sub>H<sub>31</sub>O<sub>7</sub>, 347.2070, -2.6 PPM). <sup>1</sup>H NMR (CDCl<sub>3</sub>, 400 MHz):  $\delta_H$  6.97 (1H, dt, *J* = 15.6, 6.8 Hz, H-3), 5.82 (1H, dt, *J* = 15.6, 1.6 Hz, H-2), 4.74 (1H, d, *J* = 1.2 Hz, H-1<sup>^</sup>), 3.91 (1H, dd, *J* = 3.2, 1.2 Hz, H-2<sup>^</sup>), 3.76 (1H, dd, *J* = 3.2, 9.6 Hz, H-3<sup>^</sup>), 3.73 (3H, s, OCH<sub>3</sub>), 3.66 (1H, dq, *J* = 9.6, 6.0 Hz, H-5<sup>^</sup>), 3.62 (1H, m, H-10a), 3.47 (1H, t, *J* = 9.6 Hz, H-4<sup>^</sup>), 3.38 (1H, dt, *J* = 9.2, 2.1 Hz, H-10b), 2.20 (2H, m, H-4), 1.54 (2H, m, H-9), 1.45 (2H, m, H-5), 1.33-1.29 (6H, m, H-6, H-7, H-8), 1.29 (3H, d, *J* = 6.0 Hz, H-6<sup>^</sup>). <sup>13</sup>C NMR (CDCl<sub>3</sub>, 100 MHz):  $\delta_c$  167.5 (C-1), 150.0 (C-3), 121.1 (C-2), 99.9 (C-1<sup>^</sup>), 73.2 (C-4<sup>^</sup>), 72.1 (C-3<sup>^</sup>), 71.3 (C-2<sup>^</sup>), 68.2 (C-5<sup>^</sup>), 67.9 (C-10), 51.6 (OCH<sub>3</sub>), 32.3 (C-4), 29.5 (C-9), 29.3 (C-7), 29.2 (C-6), 28.1 (C-5), 26.2 (C-8), 17.7 (C-6<sup>^</sup>).

*Tyrosol* (2):Colorless amorphous solid. <sup>1</sup>H NMR (CDCl<sub>3</sub>, 400 MHz):  $\delta_{\rm H}$  7.03 (2H, d, J = 8.8 Hz, H-2, H-6), 6.72 (2H, d, J = 8.4 Hz, H-3, H-5), 4.88 (1H, s, OH), 3.76 (2H, m, H-8), 2.73 (2H, t, J = 6.4 Hz, H-7). <sup>13</sup>C NMR (CDCl<sub>3</sub>, 100 MHz):  $\delta_{\rm C}$  154.5 (C-4), 130.7 (C-1), 130.4 (C-2, C-6), 115.7 (C-3, C-5), 64.1 (C-8), 38.5 (C-7) [22].

*Cedrol (3):* Colorless powder. <sup>1</sup>H NMR (CDCl<sub>3</sub>, 400 MHz):  $\delta_{\rm H}$  1.07 (3H, s, H-13), 1.05 (3H, s, H-15), 0.97 (3H, s, H-12), 0.92 (3H, s, H-14). <sup>13</sup>C NMR (CDCl<sub>3</sub>, 100 MHz):  $\delta_{\rm C}$  75.1 (C-3), 61.1 (C-2), 56.5 (C-10), 54.1 (C-6), 43.4 (C-11), 42.0 (C-1), 41.5 (C-7), 37.0 (C-8), 35.4 (C-4), 31.6 (C-5), 30.2 (C-15), 28.9 (C-12), 27.7 (C-13), 25.4 (C-9), 15.6 (C-14) [23].

*Ent-oplopanone* (4): White amorphous powder. <sup>1</sup>H NMR (CDCl<sub>3</sub>, 400 MHz):  $\delta_{\rm H}$  2.64 (1H, m, H-4), 2.19 (3H, s, H-14), 1.19 (3H, s, H-15), 0.89 (3H, d, J = 6.7 Hz, H-11), 0.68 (3H, d, J = 6.8 Hz, H-12). <sup>13</sup>C NMR (CDCl<sub>3</sub>, 100 MHz):  $\delta_{\rm C}$  211.6 (C-5), 72.9 (C-10), 57.0 (C-4), 55.7 (C-6), 49.4 (C-7), 46.7 (C-1), 42.0 (C-2), 29.5 (C-11), 29.4 (C-14), 28.6 (C-3), 25.3 (C-8), 23.0 (C-9), 21.9 (C-13), 20.2 (C-14), 15.6 (C-12) [24].

*E-Phytol* (**5**): Colorless oil. <sup>1</sup>H NMR (CDCl<sub>3</sub>, 400 MHz):  $\delta_{\rm H}$  5.41 (1H, t, *J* = 7.6 Hz, H-2), 4.15 (2H, d, *J* = 6.8 Hz, H-1), 1.99 (2H, t, *J* = 8.0 Hz, H-4), 1.67 (3H, s, H-20), 0.86 (6H, d, *J* = 6.0 Hz, H-16, H-17), 0.84 (6H, d, *J* = 6.4 Hz, H-18, H-19). <sup>13</sup>C NMR (CDCl<sub>3</sub>, 100 MHz):  $\delta_{\rm C}$  140.3 (C-3), 123.1 (C-2), 59.4 (C-1), 39.9 (C-4), 39.4 (C-14), 37.4 (C-8), 37.4 (C-10), 37.3 (C-12), 36.7 (C-6), 32.8 (C-11), 32.7 (C-7), 28.0 (C-15), 25.1 (C-5), 24.8 (C-13), 24.5 (C-9), 22.7 (C-16), 22.6 (C-17), 19.8 (C-18), 19.7 (C-19), 16.2 (C-20) [25].

*4-epi-isoPimaric acid* (6): White powder. <sup>1</sup>H NMR (CDCl<sub>3</sub>, 400 MHz):  $\delta_{\rm H}$  5.81 (1H, dd, J = 18.0, 11.2 Hz, H-15), 5.38 (1H, d, J = 4.8 Hz, H-7), 4.92 (1H, dd, J = 18.0, 1.6 Hz, H-16a), 4.86 (1H, dd, J = 10.8,

#### Lin et.al., Rec. Nat. Prod. (202X) X:X XX-XX

1.6 Hz, H-16a), 1.25 (3H, s, H-18), 0.86 (3H, s, H-17), 0.78 (3H, s, H-20). <sup>13</sup>C NMR (CDCl<sub>3</sub>, 100 MHz):  $\delta$ c 184.0 (C-19), 150.4 (C-15), 134.7 (C-8), 121.5 (C-7), 109.2 (C-16), 51.7 (C-9), 51.3 (C-5), 46.2 (C-14), 43.8 (C-4), 39.9 (C-9), 38.0 (C-3), 36.9 (C-13), 36.4 (C-12), 35.9 (C-10), 29.2 (C-18), 24.3 (C-6), 21.5 (C-17), 21.0 (C-11), 19.6 (C-2), 14.3 (C-20) [26].

*Adenosine* (7):White powder. <sup>1</sup>H NMR (DMSO- $d_6$ , 400 MHz):  $\delta_H$  8.41 (1H, s, H-2), 8.20 (1H, s, H-8), 7.42 (2H, s, 6-NH<sub>2</sub>), 5.93 (1H, d, J = 6.0, H-1′), 5.50-5.10 (3H, m, 2′-OH, 3′-OH, 5′-OH), 4.67 (1H, d, J = 5.6, H-2′), 4.20 (1H, m, H-3′), 4.02 (1H, m, H-4′), 3.73 (1H, dd, J = 12.4, 2.8 Hz, H-5′a), 3.60 (1H, dd, J = 12.4, 2.0 Hz, H-5′b). <sup>13</sup>C NMR (DMSO- $d_6$ , 100 MHz):  $\delta_c$  156.2 (C-6), 152.4 (C-2), 149.1 (C-4), 139.9 (C-8), 119.4 (C-5), 87.9 (C-1′), 85.9 (C-4′), 73.5 (C-2′), 70.7 (C-3′), 61.7 (C-5′) [27].

*Uridine (8)*: White powder. <sup>1</sup>H NMR (DMSO- $d_6$ , 400 MHz):  $\delta_H$  11.32 (1H, s, 1-NH), 7.89 (1H, d, J = 8.0 Hz, H-4), 5.78 (1H, d, J = 5.6 Hz, H-5), 5.65 (1H, d, J = 8.0 Hz, H-3), 5.40 (1H, m, OH), 5.10 (2H, m, OH), 4.01 (1H, m, H-6), 3.97 (1H, m, H-7), 3.82 (1H, m, H-8), 3.60 (1H, m, H-9a), 3.53 (1H, m, H-9b). <sup>13</sup>C NMR (DMSO- $d_6$ , 100 MHz):  $\delta_C$  163.2 (C-2), 150.8 (C-1), 140.8 (C-4), 101.8 (C-3), 87.7 (C-5), 84.9 (C-8), 73.6 (C-6), 69.9 (C-7), 60.9 (C-9) [28].

2-*Phenylethyl*-β-*D*-glucoside (**9**): White amorphous powder. <sup>1</sup>H NMR (CD<sub>3</sub>OD, 400 MHz):  $\delta_{\rm H}$  7.24 (5H, m, H-2, H-3, H-4, H-5, H-6), 4.20 (1H, d, *J* = 7.6 Hz, H-1'), 3.98 (1H, dt, *J* = 8.4, 8.0 Hz, H-8a), 3.75 (1H, br d, *J* = 12.0 Hz, H-6a'), 3.65 (1H, dt, *J* = 8.4, 8.4 Hz, H-8a), 3.56 (1H, dd, *J* = 12.0, 5.2 Hz, H-6'b), 3.17-3.12 (3H, m, H-3', H-4', H-5'), 3.08 (1H, t, *J* = 8.4, H-2'), 2.84 (2H, m, H-7). <sup>13</sup>C NMR (CD<sub>3</sub>OD, 100 MHz):  $\delta_{\rm C}$  138.5 (C-1), 128.5 (C-3, C-5), 127.8 (C-2, C-6), 125.6 (C-4), 102.8 (C-1'), 76.6 (C-5'), 76.4 (C-3'), 73.6 (C-2'), 70.1 (C-8), 70.1 (C-4'), 61.2 (C-6'), 35.7 (C-7) [29].

*Cistanoside G* (10):White powder. <sup>1</sup>H NMR (CD<sub>3</sub>OD, 400 MHz):  $\delta_{\rm H}$  6.96 (2H, d, J = 8.4 Hz, H-2, H-6), 6.59 (2H, d, J = 8.0 Hz, H-3, H-5), 5.05 (1H, d, J = 1.2 Hz, H-1"), 4.19 (1H, d, J = 8.0 Hz, H-1"), 2.73 (2H, m, H-7), 1.14 (3H, d, J = 6.0 Hz, H-6"). <sup>13</sup>C NMR (CD<sub>3</sub>OD, 100 MHz):  $\delta_{\rm C}$  156.7 (C-4), 130.8 (C-1), 130.7 (C-2), 116.0 (C-3), 104.1 (C-1"), 102.7 (C-1"), 84.5 (C-3"), 77.8 (C-5"), 75.5 (C-2"), 73.9 (C-4"), 72.3 (C-2"), 72.2 (C-3"), 72.0 (C-8), 70.1 (C-5"), 70.0 (C-4"), 62.6 (C-6"), 36.3 (C-7), 17.8 (C-6") [30].

#### 3.2. Tyrosinase Inhibitory Activities

At a concentration of 25  $\mu$ M, using kojic acid as the positive control, compounds 1–10 were evaluated for their tyrosinase inhibitory activities. However, only 2, 7 and 8 showed obvious inhibitory activities, with %inhibition values of 21.66±1.28%, 22.48±2.78%, 10.07±0.99%, respectively, close to that of kojic acid (27.17±1.28%). Tyrosol (2) has been reported from varied natural sources [32-33], and has been reported to show strong inhibitory activity against mushroom tyrosinase [34], which fits well with the results of this research. 4-*epi-iso*Pimaric acid (6), a diterpenoids found in *Caesalpinia furfuracea*, *Illicium jiadifengpi*, *Rabdosia kunmingensis*, was tested to show antiviral activities against Coxsackie virus B2 and B6. However, so far inhibitory activity against tyrosinase has not been reported for 6. As the first research about tyrosinase inhibitory activities, these results above would be of great instruction to novel tyrosinase inhibitors development and medicinal value utilization of *R. glutinosa*.

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